

# Sheet Flow to Shallow Concentrated Flow Doug Williams, PE

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#### What's the difference?



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### Sheet Flow

- Storm water in a thin layer, resembling thin film or "sheet"
- Slow Flow
- Not in distinct channels
- NRCS defines the transition point of sheet flow to shallow concentrated flow when depth reaches 1-inch





# Shallow Concentrated Flow

- Concentrated storm water flow in a defined, yet shallow, path
- Flow is deeper and flows faster than sheet flow
- Flow depths of 0.1 to 0.5 feet
- Causes rill erosion







## Flow Transition & Erosive Potential



- Sheet flow erosion is relatively low, transporting finer sediment from surface
- Shallow concentrated flow is more erosive due to increased depth and flow velocities
- Shallow concentrated flow transports coarser sediment

#### Estimating Sheet Flow Travel Length



#### Horton's Average Overland Flow Length

(W.O. Ree. A Progress Report on Overland Flow Studies. 1963)

- Horton developed equation: L=1/(2Dd)
  - Where:
    - L is the sheet flow travel length
    - Dd is the sum of stream lengths for the watershed divided by the area of the watershed
- Measured stream lengths using aerial imagery.
- Σ Stream Lengths=48,900', Area=206 acres, Avg Sheet Flow Length=92'

#### Manning n and the Overland Flow Equation (Ree, et al. 1977)

- Average sheet flow length estimated by:
  - Length = Watershed Area / (2 \* Σ Stream Lengths)
- Delineated and measured stream lengths using topographical contour maps
- Sheet flow lengths ranged from 197' to 228' (3 watersheds)



#### Roughness Coefficients for Routing Surface Runoff (Emmett, W.)

- 1983:
  - Test plots varied from 10-20m, simulated precipitation from 5-10 cm/hr.
  - Roughness values developed for sheet flow, before concentrated flow
  - High Manning's n results in unreasonable depth for lengths extended to 300 ft
- 1986:
  - Excessive depths would not be encountered for slope lengths of 150-300 ft

#### WinTR-55 User Manual

(NRCS, 2009)

- Sheet flow originally limited to 300 ft or less
- "Sheet flow for 300 feet is very unusual because the surface and the corresponding flow would need to be extremely uniform."

Woods:≌

(1986)

Light underbrush

Dense underbrush

• Sheet flow generally becomes concentrated after 100 ft, which became the new limit for WinTR-55

Table 3-1 Roughness coefficients (Manning's n) for sheet flow Surface description n 1∕ Smooth surfaces (concrete, asphalt, gravel, or bare soil). 0.011 Fallow (no residue) 0.05Cultivated soils: 0.06 Residue cover ≤20% 0.17Residue cover >20% Grass: 0.15Short grass prairie. 0.24Dense grasses 2/. Bermudagrass 0.41Range (natural) 0.13

The n values are a composite of information compiled by Engman

<sup>2</sup> Includes species such as weeping lovegrass, bluegrass, buffalo grass, blue grama grass, and native grass mixtures.

<sup>3</sup> When selecting n, consider cover to a height of about 0.1 ft. This is the only part of the plant cover that will obstruct sheet flow.

0.40

0.80

From TR-55, Chapter 3





## Assessment of Kinematic Wave Time of Concentration (McCuen & Spiess. 1995)

- Kinematic wave assumptions may no longer be valid if flow length alone is used as the limiting factor
- High roughness coefficient and/or flat slopes will generally result in overprediction of sheet flow length
- Factors should also include Manning's n and slope
- $nL/\sqrt{s} \le 100$









## The Hydraulics of Overland Flow on Hillslopes (Emmett, W. 1970)

- 7 test plots, 7' wide
- Varied slopes from 2.9 to 33%
- Shallow slopes micro-depressions dictated concentrate flow paths, but did not so much on steeper slopes
- Flow rarely occurred as uniform sheet flow for natural ground surface
- Sheet flow lengths limited to <50'





NRCS National Engineering Handbook, Part 630, Chapter 15 (May 2010)

#### Table 8-4 Allowable velocities

| Channel material                                | Mean channel velocity |       |
|---|-----------------------|-------|
|   | (ft/s)                | (m/s) |
| Fine sand                                       | 2.0                   | 0.61  |
| Coarse sand                                     | 4.0                   | 1.22  |
| Fine gravel                                     | 6.0                   | 1.83  |
| Earth   |                       |       |
| Sandy silt                                      | 2.0                   | 0.61  |
| Silt clay                                       | 3.5                   | 1.07  |
| Clay  | 6.0                   | 1.83  |
| Grass-lined earth (slopes <5%)                  |                       |       |
| Bermudagrass                                    |                       |       |
| Sandy silt                                      | 6.0                   | 1.83  |
| Silt clay                                       | 8.0                   | 2.44  |
| Kentucky bluegrass                              |                       |       |
| Sandy silt                                      | 5.0                   | 1.52  |
| Silt clay                                       | 7.0                   | 2.13  |
| Poor rock (usually sedimentary)                 | 10.0                  | 3.05  |
| Soft sandstone                                  | 8.0                   | 2.44  |
| Soft shale                                      | 3.5                   | 1.07  |
| Good rock (usually igneous or hard metamorphic) | 20.0                  | 6.08  |

NRCS National Engineering Handbook, Part 654, Chapter 8 (August 2007)

#### **Design Equations**



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### Time of Concentration Kinematic Wave Equation

 $T_c = \frac{0.93}{i^{0.4}} \left(\frac{nL}{\sqrt{s}}\right)^{0.6}$ 

Where:

 $T_c$  is the time of concentration i is the rainfall intensity n is the overland roughness coefficient L is the flow length S is the slope



Chart 1: Sonoma County Water Agency IDF Curve (SCWA, 1983)

#### Estimate Sheet Flow Length

$$\frac{nL}{\sqrt{s}} \le 100$$
$$L = \frac{100\sqrt{s}}{n}$$



#### Example 1:

# Should we design for sheet flow or shallow concentrated flow?

L = 300 feet, n = 0.41, s = 0.02 ft/ft

$$\frac{nL}{\sqrt{s}} \le 100$$

$$\frac{nL}{\sqrt{s}} = \frac{0.41 * 300}{\sqrt{0.02}} = 869.74$$





#### Example 2:

At what interval should we space flow interception swales?

n = 0.41, s = 0.10 ft/ft

$$L = \frac{100\sqrt{s}}{n}$$

$$L = \frac{100\sqrt{s}}{n} = \frac{100\sqrt{0.10}}{0.41} = 77.13 \, feet$$





#### But....



# What if we have a compound slope (varying slopes/lengths)? 1<sup>st</sup> Slope 2<sup>nd</sup> Slope Final Slope Copyright © by Doug Williams

### **Compound Slopes**

$$\frac{nL}{\sqrt{s}} = 100$$
$$\frac{n_f L_f}{\sqrt{s_f}} + \frac{n_1 L_1}{\sqrt{s_1}} + \dots + \frac{n_n L_n}{\sqrt{s_n}} = 100$$
$$L_f = \left(100 - \frac{n_1 L_1}{\sqrt{s_1}} - \dots - \frac{n_n L_n}{\sqrt{s_n}}\right) \frac{\sqrt{s_f}}{n_f}$$



Where:

 $L_f$  is the final slope length  $L_1$  is the first slope length  $L_n$  is the nth slope length  $n_f$  is the final roughness coefficient  $n_1$  is the first roughness coefficient  $n_n$  is the nth roughness coefficient  $s_f$  is the final slope  $s_1$  is the first slope  $s_n$  is the nth slope

#### Example 3:

We have 3 slope sections with varying slope parameters:

- Slope 1: L=10 ft, n=0.15, s=0.02 ft/ft
- Slope 2: L=10 ft, n=0.41, s=0.06 ft/ft
- Slope 3: n=0.41, s=0.10 ft/ft

$$L_{f} = \left(100 - \frac{L_{1}n_{1}}{\sqrt{s_{1}}} - \frac{L_{2}n_{2}}{\sqrt{s_{2}}}\right) \frac{\sqrt{s_{f}}}{n_{f}} = \left(100 - \frac{10*0.15}{\sqrt{0.02}} - \frac{10*0.41}{\sqrt{0.06}}\right) \frac{\sqrt{0.10}}{0.41}$$
$$L_{f} = 56 \ ft$$







### Questions? Email: dwilliams@gotoetc.com

Mahalo Nui Loa

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